



CHERRY TREE MANOR

Newsletter Spring/Summer 2019



Welcome to our newsletter.

We hope that you find the articles of interest. Our next issue will be due out in the Autumn.

ENTERTAINMENT AND ACTIVITY NEWS

Firstly we wish to extend a warm welcome to our new residents and their families and friends.

The months seem to be flying by! We have had many events here at Cherry Tree, even though it is only Spring, with lots of themed activities. The Chinese New Year was enjoyed by everyone with Chinese props, costumes and a Chinese flavoured lunch. These events are celebrated throughout the world and we try to incorporate these cultures and experiences for our residents to help evoke memories and discussions about other traditions celebrated abroad.

Easter was quite late in the calendar this year and we were fortunate to have St. Barnabas offering us a special service for prayer, helped by residents taking part in the readings. Francis and Fredryka Richard-Brown have been leading the monthly services at the Home for many years now and residents surprised them with a lovely Easter bouquet by way of our thanks. Residents have also been creating their own Easter bonnets as part of our art and craft activities.



Mrs Gardiner & Mrs Chisholm

We are regularly using Reminiscence boxes supplied by Hertfordshire Libraries, which offer items from different eras. These are talked about and used as prompts for memory recall. Items can be from toys, games, schooldays to clothing and household items. Staff find them

a very good source of conversation and helping to build life stories.

Our regular pet therapy dog, Rufus and his owner, Rowena, are taking a short break from their visits to the Home. We look forward to their return in the not too distant future. Family dogs are always welcome, but please be mindful when visiting that there may be residents who can become anxious around dogs or dislike visiting pets.

Irvine, our sponsored guide dog is doing fantastically well. He is more confident now and is happy to lie down and snooze with his big teddy bear! He has been out with his trainer, Abigail, experiencing travel on buses and trains and recently went on a trip to Westfield shopping centre in London—to get him used to different environments and sounds.



GARDENING NEWS

Cherry Tree is fortunate to have several raised vegetable beds, where staff can assist residents who enjoy pottering around, especially where gardening has been an enjoyable hobby in the past. We are in the process of planting salad crops, onions, peppers, tomatoes, beans and strawberries. We have also added flowers and herbs to the other raised beds for residents to enjoy. Residents are encouraged to go outside into the garden area and enjoy the sunshine and fresh air whenever possible.

Mrs Mee



WANTED..... We are always happy to receive small items for bingo prizes such as small toiletries or unwanted gifts. Also for our activities—fabric or other crafting materials you no longer want. DVDs and CDs are also greatly appreciated. We thank you in advance for your kind donations.

ANNUAL GENERAL MEETING

Our next AGM is due to be held in October. However, following a recent meeting in April, some families felt it may be better attended if held in the school holidays. Please let Carol know if this is preferred, as we would like to increase the number of families who are able to attend our annual meetings. We hope you will be able to attend this year, a poster will be displayed in the reception area nearer the time.

Residents' meetings are also held regularly involving residents in the choice of entertainers, preferred menus and daily activities in the Home.

ANNUAL SURVEYS 2019

This year we appointed Hertfordshire Care Providers Association (HCPA) again to carry out an independent feedback survey of our services. Residents, relatives, professionals and staff were asked to complete a feedback form. We are waiting for their report, giving details of the feedback. Once received, a summary will be placed in the information folders held in residents' rooms. The full report will also be made available in the manager's office.

CHELSEA FLOWER SHOW



Residents enjoyed watching the Chelsea Flower show on television in May and we also incorporated this theme into our flower arranging sessions. These are a lovely sensory activity and brings out a lot of creative talents and green fingers!

SPRING WATCH

May brings to life our wonderful nature, where we have time to sit in the garden and enjoy the memories of our favourite flowers and wildlife. Residents have been on 'Spring Watch' this Spring—eagerly watching the robin and blue tits nesting again in our garden box this year.

RESIDENTS CELEBRATE IN STYLE!

Our residents enjoyed a special afternoon tea to celebrate the birth of Prince Harry and Meghan's baby boy. Lots of delicious sandwiches and home made cakes from our chef, Fadma, were served by staff who dressed the part as waitresses. Residents were also able to choose if they wished to have a button hole corsage. A lovely royal afternoon was had by everyone! Congratulations to Harry and Meghan and their lovely baby son, Archie.



BUILDING WORKS UPDATE

We wish to thank everyone for their patience and understanding whilst building works in the rear garden and essential upgrade works to the roof have been taking place. We appreciate that there has been some congestion in the car park and that the works have taken longer than originally anticipated, due to a period of heavy rain. However, we are hoping that these works will all be finished by the end of June and then we will be able to landscape the rear garden and clear the car parking area.

POETS' CORNER



Spring



I sing of brooks, of blossoms, birds and bowers,

Of April, May, June and July flowers.

I sing of maypoles, hock - carts
wassails, wakes

Of bridegrooms, brides and of their
bridal cakes.

Robert Herrick 1658